

# Lunch Menu

Mon - Thu 12pm - 5pm

Fri - Sat 12pm - 3pm

## Speciality Sandwiches

### Porchetta Hog Roast

pork loin rolled with fennel and rosemary and roast in our stone oven. Served on toasted sourdough with mayo and rocket leaves 8 ✓

### Halloumi, Walnuts, Harissa and Honey Pitta

Grilled halloumi in a toasted pitta with harissa and honey drizzle 7 ✓

### Beef and Beer Onions Sandwich

slow cooked beef, beer braised onions served on toasted white sourdough with a jug of gravy 8 – add blue cheese for £2

### Lamb Wrap

Minced lamb skewers with a Greek marinade chargrilled and wrapped with salad and tzatziki 9

### Falafel and Harissa Hummus Wrap

Authentic falafel wrapped in a flatbread with harissa hummus and served with a salad garnish 8 ✓

**Add a bowl of soup to any sandwich for £3**

**Add a bowl of handcut chips for £2**

## Neomed Salads

### Greek Salad

A refreshing mix of tomatoes, cucumbers, red onions, iceberg lettuce, feta cheese and kalamata olives 8

### Fattoush Salad

A novelty from the Levant; lettuce, tomatoes, cucumbers and red onions tossed in a special pomegranate dressing, garnished with pieces of baked pita croutons and zesty sumac 8 ✓

### Neomed Caesar Salad

Served with a twist! Couscous served with grilled chicken, cucumber, tomatoes, baked pita croutons and pomegranate seeds, served with fresh lemon and harissa yogurt. 10

**Add halloumi for £2**

## Neomed Pasta

### Pasta Pomodoro ✓

Orecchiette pasta tossed through our classic slow cooked tomato sauce 7

### Lasagna al Forno 'of the week'

Ask your server for this weeks special version of the classic lasagna 10

### Santa Lucia ✓

Orecchiette pasta sautéed with tenderstem broccoli, garlic and a hint of chilli, garnished with breadcrumbs. A Southern Italian Nonnas classic! 9

### Hand cut Beef Bolognese

Specially selected cuts of prime beef, hand cut and slow cooked for hours to create this unique take on a classic. Served with tagliatelle 10

## Neomed Specials

### Chicken Souvlaki

Greek marinated chicken served on a pitta bread with a side salad 10

### Moussaka

A Greek classic, layers of Cypriot potato, aubergine, ground beef, fresh spices, thyme and bechamel 10

### Tastes of Cyprus

Grilled pitta bread, feta cheese, marinated olives, tzatziki, hummus and tahini 8

Please ask your server for allergy information & state any specific allergies

✓ Vegetarian   ✓ Vegan   GF Gluten Free

GF\* Gluten Free - please ask for details

# Pizza

## **Margherita** ✓

Our signature tomato and mozzarella 9

## **Calabrese**

Delicious spicy pepperoni 12

## **Cotto e Funghi**

Ham and mushroom 12

## **Greca**

Greek marinated chicken and red onion 12

## **Salento** ✓<sub>v</sub>

Grilled aubergine, red onion, capers, sun dried tomato and oregano on a red base 12

## **Quattro Formaggi** ✓

Four delicious cheeses including mozzarella, parmesan shavings, gorgonzola and manchego

## **NeoMed**

The ultimate meat feast - chicken, pepperoni & ham 14

## **Calzone**

A deliciously folded pizza with tomato, mozzarella, ham and mushroom 13.50

## Baked with Passion

All our pizzas are baked using our award winning sourdough, a culture which has been maturing for over 9 years. The recipe was originally developed by chef Alessandro's Mamma!

Our Pizza Chef blends various top quality flours and ferments the dough for up to 72 hours to improve flavour, body and digestibility. Our aim is to cook the perfect pizza!

All our pizzas are hand crafted on our classic base made with our signature tomato sauce and fresh mozzarella.

# Pide

NEW

Middle Eastern flatbread traditionally long in shape, filled in the middle and baked in a fiery stone oven.

## **Spicy Lamb & Mint Yogurt** 14

## **Spinach & Mozzarella** 12 ✓

## **Spicy Salami & Tomato** 12

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@neomed2018

# Side Dishes

## **Handcut chips** 3 ✓<sub>GF</sub>

## **Sweet potato fries** 3.5 ✓<sub>GF</sub>

## **Halloumi fries** 5 ✓<sub>GF</sub>

## **Pitta bread** 1.5 ✓

## **Sautéed sprouting broccoli** 5 ✓<sub>GF</sub>

## **Mediterranean grilled veg** 5 ✓<sub>GF</sub>

## **Tzaziki or hummus** 3 ✓<sub>GF</sub>

# Mana'eesh

NEW

A popular Levantine pizza style flat bread topped with a traditional herb mix called Za'atar, consisting of oregano, toasted sesame seeds and other aromatic herbs.

## **with Za'atar and Olive Oil** 7.50 ✓<sub>v</sub>

## **with Za'atar and Mozzarella** 8.50 ✓

# Fancy a takeaway?

## Why not try our new takeaway menu?

Ask one of our supervisors for more information today!